



SAPLINGS themes and self-guided activities are designed by SDBG’s Education Team to engage your budding naturalists as they forge new discoveries about the natural world and their place in it. Each seasonal theme helps your sapling grow in one of four early childhood development categories! See our seasonal schedule below:

| SEASONAL SCHEDULE | | | | |
|--|--|---|--|---|
| <i>Offered weekly Wed.-Fri. at 10:00 a.m.-12:00 p.m. (weather-permitting)</i> | | | | |
| SEASON | WINTER | SPRING | SUMMER | FALL |
| MONTHS | <i>Dec, Jan, Feb</i> | <i>Mar, Apr, May</i> | <i>Jun, Jul, Aug</i> | <i>Sept, Oct, Nov</i> |
| THEME | Winter Wellness | Art in Bloom | Budding Brains | Dig Deep |
| GROWTH OPPORTUNITIES | Social & Emotional Learning | Physical Development | Language/ Communication | Sensory Exploration |
| CONTENT | <i>Learn all about mindfulness from Mother Earth, as we explore important topics from decomposers to dormancy!</i> | <i>Art in Bloom is all about free expression, fine motor skills, and nature as the ultimate muse.</i> | <i>School's out and stories are in! Join us as we focus on communication and literacy, from poetry pebbles to read-alouds.</i> | <i>From colorful landscapes to crunchy leaves, stimulate your senses and dig deep into the wonders of the harvest season.</i> |